

## Original Research Article

## In silico study of 5-alpha-reductase (5-AR) active site prediction and interaction with supernatural compound II

Shouche, Shobha; Yadav, Ravikant and Saini, Pradeep

Govt. Madhav Science College, Ujjain (M.P.)

Corresponding Author: [shobha.shouche@gmail.com](mailto:shobha.shouche@gmail.com)

### ARTICLE INFO

Received: 09 July 2020 | Accepted: 15 August 2020 | Published Online: 30 September 2020

EOI: 10.11208/essence.20.11.SP2.159

Article is an Open Access Publication

This work is licensed under Attribution-Non Commercial 4.0 International

(<https://creativecommons.org/licenses/by/4.0/>)

©The Authors (2020). Publishing Rights @ MANU—ICMANU and ESSENCE—IJERC.

### ABSTRACT

Hair loss is the biggest problem of human being. It is also known as alopecia or baldness. It refers to a loss of hair. DHT has many roles. Apart from hair production, it is linked to benign prostatic hyperplasia. DHT is a sex steroid, which is produced in the gonads. It is an androgen (male hormone). In men, the enzyme 5-alpha-reductase (5-AR) converts testosterone into DHT in the testes and the prostate. For this study, we have built the 3D structure of 5-alpha-reductase (5-AR) for active site prediction. Super Natural compound II is a database of natural products. Natural products are small compounds synthesized by living organisms. The chemical diversity of these molecules is tremendous and offers inspiration for innovations in medicine, nutrition, agrochemical research and life sciences. Most of the currently used cosmetics and drugs are natural products. In this study we are going to find out the interaction of 5-alpha-reductase (5-AR) to inhibit the production of DHT.

### KEYWORDS

DHT | Hyperplasia | Alopecia | Baldness

### CITATION

Shouche, Shobha; Yadav, Ravikant and Saini, Pradeep (2020): In silico study of 5-alpha-reductase (5-AR) active site prediction and interaction with supernatural compound II. ESSENCE Int. J. Env. Rehab. Conserv. XI (SP2): 329 — 335. <https://eoi.citefactor.org/10.11208/essence.20.11.SP2.159>

## Introduction

Hair loss is the most common in men. Hairs at the temples and on the crown slowly become very thin and eventually disappear and it is also called alopecia or baldness. DHT seems to be essential for prostate development external genitalia and male body hair growth or male-pattern baldness. Testosterone converts to DHT with the help of  $5\alpha$ -reductase (pronounced 5-alpha-reductase) and an enzyme that is found in the oil glands of a hair follicle (Cilotti, *et al.*, 2001). The main role of DHT was discovered after the description of 5-alpha-reductase2 deficiency in a group of males from the Dominican Republic Imperato *et al.*, 1974).  $5\alpha$ -reductases, also known as 3-oxo- $5\alpha$ -steroid 4-dehydrogenases, are enzymes involved in steroid metabolism. They show their participation in 3 metabolic pathways: bile acid biosynthesis, androgen and estrogen metabolism. There are three isoenzymes of  $5\alpha$ -reductase, SRD5A1, SRD5A2, and SRD5A3, it varies with different age (Yamana *et al.*, 2010; Killian *et al.*, 2003). We are working on the protein-ligand interaction studies and active site prediction of the protein. We have selected protein domain from uniprot database (uniprot id- P31213) and then we have construct the 3D structure of protein by using online Phyre 2 server. For this study we also selected ligand domain super natural compound, has a drug like properties. At last the potent lead molecules with good docking score were screened for their ADMET properties.

## Material And Methodology

**Target Protein Preparations:** Target protein sequences were download from uniprot database, UniProtKB - P31213

(S5A2\_HUMAN) (Uniprot Database). and build the 3D structure of protein by using phyre2 online server. This protein 3D structure was checked and fixed for any missing residues, loops, bond length in —macromolecule module of SPDBV [v4.1.0] (Guex *et al.*, 1997). Then the structure was optimized and minimized. In the crystal structure of protein -5-alpha-reductase domain of chain A was taken as active site was chosen for grid generation as there was already a crystal inhibitor. Grid was made using - define site module of Molegro virtual docker.

**Ligand Collections and selection:** All of the natural ligands were collected from supernatural V II database. These super natural compounds are of natural origin. These targets were selected from the metabolic pathway steroid hormone biosynthesis (Supernatural database). All the compound selected from supernatural V II database were checked on the basis of Lipinski's rule. This rule is helpful to identify the molecules. Whether it can be used as a drug like or not. It means that it can predict the success probability rate of a molecule. The molecules should have the following properties according to rules. MW --0 to 500 , Xlogp--0 to 5, HBD--0 to 5, HBA--0 to 10 .On the basis of above parameter we have selected 5 ligands for this study and found perfect for Potent and ADMET study.

**Docking and Interaction Studies:** Molecular docking study was done with super natural compounds and protein from Genetic optimization for ligand docking Molegro Virtual Docker (MVD 4.0.2) (Thomsen *et al.*, 2006). We find interactions from MVD in terms of good scoring function and search

space. We find active sites from MVD and cross checked with Active site prediction (5-Active site prediction).

Total 142 natural ligands were collected from super natural database of metabolic pathway steroid hormone biosynthesis which act as potent natural drugs for the targets of 5 $\alpha$ -reductase.

### ADME Analysis and Best Ligand Proposal

ADMET stands for Absorption, Distribution, Metabolism, Excretion and Toxicity. If a ligand follows ADMET properties then its likeness to become a drug molecule increases. Pharmacokinetics and Pharmacodynamic come under ADMET studies. We have used OSIRIS PROPERTY EXPLORER to check whether they are obeying all the ADMET

properties or not. On the basis of non-bonded and bonded interactions, ADMET properties and scoring functions, we can propose these ligands as potent inhibitors of 5 $\alpha$ -reductases. OSIRIS PROPERTY EXPLORER (Osiris property explorer) was used to know the mutagenicity, carcinogenicity, reproductively and toxicity. Red color indicates its unfavorability to consume as a drug while green color indicates its favorability to consume as druglike.

### Result and Discussion

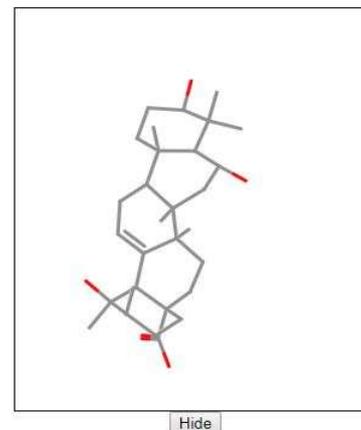
Total 142 natural ligands were collected from super natural database of metabolic pathway steroid hormone biosynthesis which act as potent natural drugs for the targets of 5 $\alpha$ -reductase.

SN000030621 SN000030620 SN000030622 SN000037142 SN000037141 SN000037140 SN000037139  
 SN000040142 SN000040143 SN000040144 SN000020131 SN000020132 SN000020133 SN000020134  
 SN000037197 SN000037198 SN000037199 SN000038959 SN000006862 SN000033203 SN000033204  
 SN000033205 SN000033206 SN000033622 SN000005723 SN000005993 SN000007282 SN000011482  
 SN000007283 SN000019801 SN000007284 SN000017923 SN000011595 SN000033469 SN000033470  
 SN000033471 SN000033472 SN000011381 SN000011596 SN000005742 SN00005743 SN000006582  
 SN000006583 SN000006584 SN000006585 SN000005680 SN000006019 SN000006568 SN000018454  
 SN000006219 SN000006841 SN000013570 SN000003341 SN000011564 SN000011565 SN000011566  
 SN000011567 SN000006567 SN000006220 SN000030607 SN000030659 SN000003588 SN000003586  
 SN000006463 SN000006464 SN000003585 SN000003586 SN000006464 SN000003587 SN000003492  
 SN000007313 SN000007314 SN000011399 SN000013672 SN000011400 SN000030645 SN000030644  
 SN000011401 SN000011402 SN000063895 SN000067380 SN000067144 SN000072119 SN000072120  
 SN000072137 SN000072138 SN000072139 SN000072140 SN000072151 SN000064491 SN000064492  
 SN000064493 SN000064494 SN000064495 SN000064498 SN000064501 SN000064502 SN000072171  
 SN000072173 SN000072174 SN000072211 SN000072213 SN000072214 SN000072215 SN000064692  
 SN000064693 SN000064694 SN000064695 SN000067273 SN000067274 SN000067275 SN000067279  
 SN000067280 SN000067281 SN000067357 SN000067381 SN000067382 SN0000067407 SN000067408  
 SN000067409 SN000072284 SN000072285 SN000048883 SN000048884 SN000064908 SN000064909  
 SN000064910 SN000064911 SN000072300 SN000072301 SN000091121 SN000072302 SN000091121  
 SN000072302 SN000072382 SN000072384 SN000048991 SN000067985 SN000067986 SN000067987  
 SN000071849 SN000072146

## Proposed ligands structure with Basic descriptors

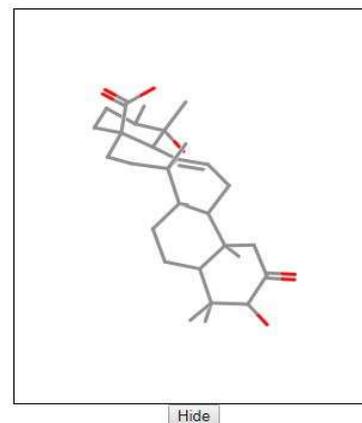
SN00040142

Name	(1R,2R,4aS,6aS,6bR,8S,8aR,10S,12aR,12bS,14bS)-1,8,10-trihydroxy-1,2,6a,6b,9,9,12a-heptamethyl-2,3,4,5,6,7,8,8a,10,11,12,12b,13,14b-tetradecahydricene-4a-carboxylate
Molecular weight	487.342
Formula	C <sub>30</sub> H <sub>47</sub> O <sub>5</sub>
desolv polar	-54.63
desolv apolar	7.08
H-bond donors	3
H-bond acceptors	5
TPSA	101
Charge	-1
NRB	1
logp	3.8405
Ring count	5
Atom count	82
Bond count	39
SMILES	<chem>[C]C@@H]1CC[C@@]2(CC[C@@]3(C(=CC[C@@H]4[</chem>



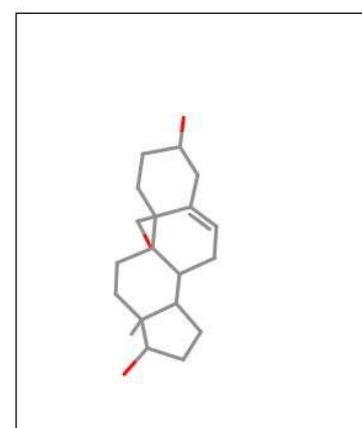
SN00030622

Name	(1S,2R,4aR,6aS,6bS,8aR,10R,12aR,12bS,14bS)-1,10-dihydroxy-1,2,6a,6b,9,9,12a-heptamethyl-11-oxo-3,4,5,6,7,8,8a,10,12,12b,13,14b-dodecahydro-2H-picene-4a-carboxylate
Molecular weight	486.327
Formula	C <sub>30</sub> H <sub>45</sub> O <sub>5</sub>
desolv polar	-42.21
desolv apolar	9.55
H-bond donors	2
H-bond acceptors	5
TPSA	98
Charge	-1
NRB	1
logp	4.0487
Ring count	5
Atom count	80
Bond count	39
SMILES	<chem>[C]C@@H]1CC[C@@]2(CC[C@@]3(C(=CC[C@@H]4[C@</chem>

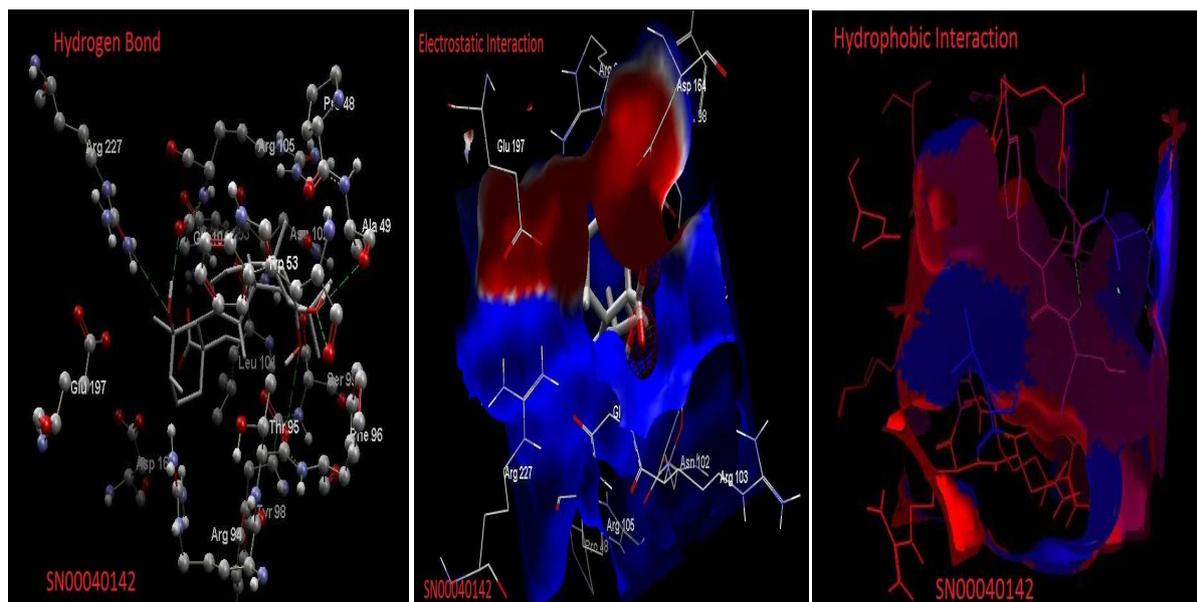


SN00072138

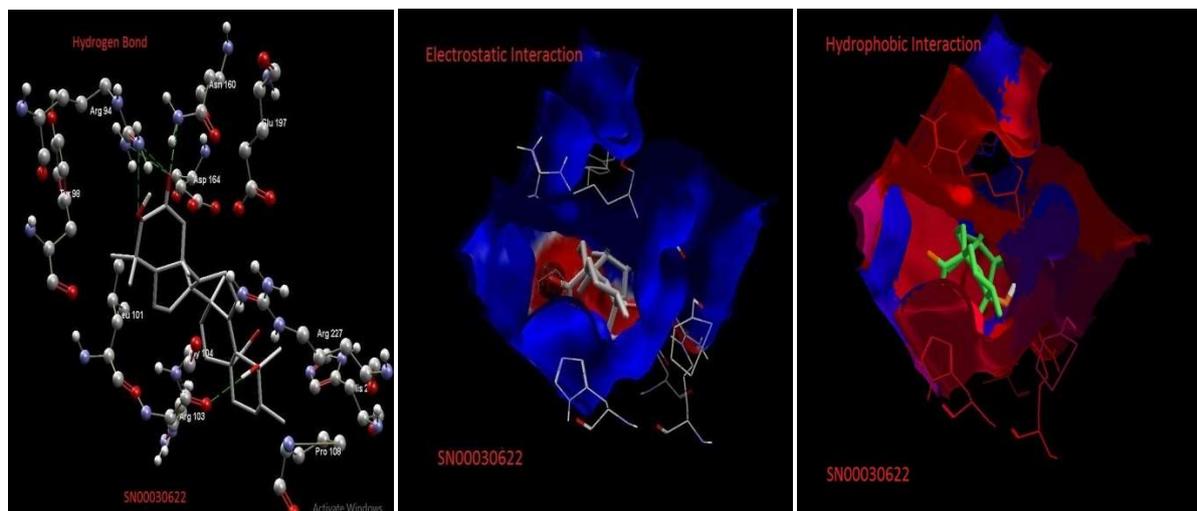
Name	androst-5-ene-3 $\beta$ ,17 $\beta$ ,19-triol
Molecular weight	306.219
Formula	C <sub>19</sub> H <sub>30</sub> O <sub>3</sub>
desolv polar	-4.93
desolv apolar	-5.14
H-bond donors	3
H-bond acceptors	3
TPSA	61
Charge	0
NRB	1
logp	2.6434
Ring count	4
Atom count	52
Bond count	25
SMILES	<chem>[C]C@]12CC[C@H]3[C@H]([C@@H]1CC[C@@H]2O)C</chem>



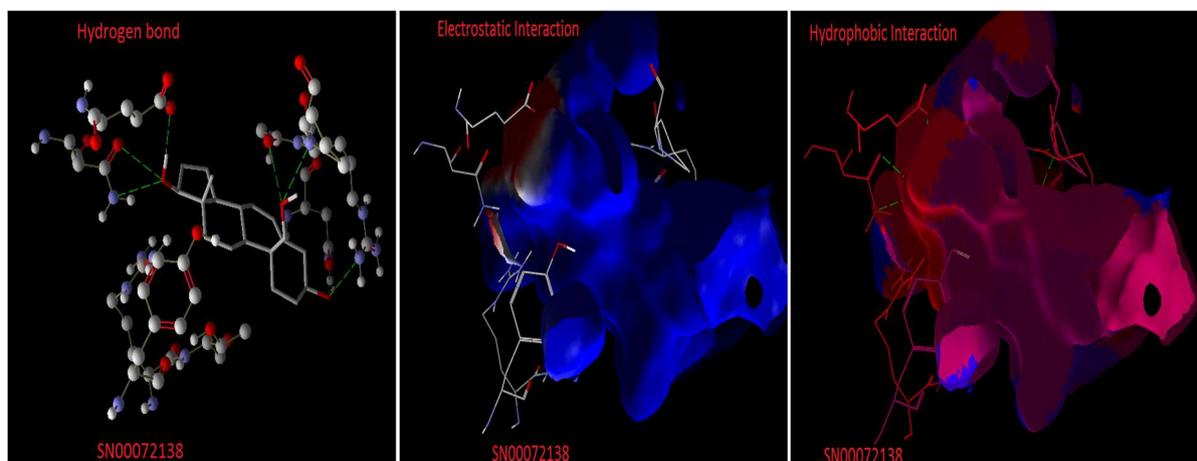
SN00040142



SN00030622



SN00072138



**Fig. 1:** Electrostatic, Hydrophobic and H bond interaction of 3 best ligands with target proteins

Compound ID	Compound Name
SN00040142	(1R,2R,4aS,6aS,6bR,8S,8aR,10S,12aR,12bS,14bS)-1,8,10-trihydroxy-1,2,6a,6b,9,9,12a-heptamethyl-2,3,4,5,6,7,8,8a,10,11,12,12b,13,14b-tetradecahydronicene-4a-carboxylate
SN00030622	(1S,2R,4aR,6aS,6bS,8aR,10R,12aR,12bS,14bS)-1,10-dihydroxy-1,2,6a,6b,9,9,12a-heptamethyl-11-oxo-3,4,5,6,7,8,8a,10,12,12b,13,14b-dodecahydro-2H-picene-4a-carboxylate
SN00072138	androst-5-ene-3 $\beta$ ,17 $\beta$ ,19-triol

**Table 1:** Best 3 compounds as inhibitor to 5 $\alpha$ -reductase protein - 1

Ligand	H-bond	Moldock score (Energy)	RMSD
SN00040142	5	-133.047	0.06
SN00030622	5	-132.3	0.21
SN00072138	7	-114.3	0.04

**Table 2:** Molecular docking Results

5 $\alpha$ -reductase protein sequence was downloaded from uniprot database with ID P31213 (S5A2\_HUMAN) and construct the 3D structure of 5 $\alpha$ -reductase using phyre2 online server. Find the key active site residues from MVD and cross checked with active site prediction. (Volume of cavity = 657). To propose ligands to inhibit 5 $\alpha$ -reductase protein, we have selected 3 ligands compound, which follow the lipinski's rule of five. After ligands validation we performed Molecular docking studies of 5 $\alpha$ -reductase protein with these proposed three ligands. Molecular Docking Score are given in Table 2.

### Conclusion

Drug Discovery process is a very useful and important in drug designing. As per interaction studies of these natural compounds with 5 $\alpha$ -reductase protein, only three ligands were found to be most

energetically stable on the basis of molecular docking score and also found promising in protein-ligand interactions. Out of these three screened ligands, SN000072138 (androst-5-ene-3 $\beta$ ,17 $\beta$ ,19-triol) is quite promising at all ADMET properties except LogP. So we may conclude that SN00007210 ligand can work as of 5 $\alpha$ -reductase inhibitor and thus could be useful for controlling the hair loss.

### Acknowledgment

Sincere thanks to faculty members of Govt. Madhav Science College, Ujjain.

### References

- Cilotti, A.; Danza, G. and Serio, M. (2001): "Clinical application of 5 $\alpha$ -reductase inhibitors," Journal of Endocrinological Investigation, 24(3) 199–203.
- Imperato, J.; McGinley, L.; Guerrero, T. Gautier and Peterson, R. E. (1974):

“Steroid 5 $\alpha$  reductase deficiency in man: an inherited form of male pseudohermaphroditism,” *Science*, 186 (4170): 1213–1215.

Osiris property explorer: <http://www.organic-chemistry.org/prog/peo/>

Yamana, K.; Labrie, F. and Luu-The, V. (2010): "Human type 3 5 $\alpha$ -reductase is expressed in peripheral tissues at higher levels than types 1 and 2 and its activity is potently inhibited by finasteride and dutasteride". *Hormone Molecular Biology and Clinical Investigation*, 2 (3): 293–9.

Killian, J.; Pratis, K.; Clifton, R. J.; Stanton, P. G.; Robertson, D. M. and O'Donnell, L. (2003): "5 $\alpha$ -reductase isoenzymes 1 and 2 in the rat testis during postnatal development". *Biol. Reprod.*, 68(5): 1711–8.

[http://www.nlm.nih.gov/medlineplus/news/fullstory\\_144204.html](http://www.nlm.nih.gov/medlineplus/news/fullstory_144204.html)

uniprot database: <http://www.uniprot.org/home.do>

<http://www.sbg.bio.ic.ac.uk/phyre2/html/page.cgi?id=index>

Guex, N. and Peitsch, M. C. (1997): SWISS-MODEL and the Swiss-PdbViewer: an environment for comparative protein modeling. *Electrophoresis*, 18(15):2714-23.

Supernatural database: [http://bioinf-applied.charite.de/supernatural\\_new/index.php](http://bioinf-applied.charite.de/supernatural_new/index.php)

Thomsen, R. and Christensen, M. H. (2006) MolDock: a new technique for high-accuracy molecular docking. *J Med Chem.* 2006 Jun 1, 49(11):3315-21.

5-Active site prediction [http://www.scfbio-iitd.res.in/dock/ActiveSite\\_new.jsp](http://www.scfbio-iitd.res.in/dock/ActiveSite_new.jsp)